# **PHED - PHYSICAL EDUCATION**

#### PHED 1205 Concepts of Fitness (1-2-2)

This course is designed to help students understand the role of fitness and related wellness components including cardio-respiratory endurance, muscular strength and endurance, flexibility, body composition, and nutrition; develop and implement safe and effective personal fitness programs; and, participate in structured physical activities relevant to effective personal fitness plans.

#### PHED 1206 Concepts of Fitness for Online Students (1-2-2)

This course is designed to help online students 1) understand the role of fitness and related wellness components including cardiorespiratory endurance, muscular strength and endurance, flexibility, body composition, and nutrition; 2) acquire or enhance the basic skills and concepts relevant to achieving life-long personal fitness; and, 3) develop and implement safe, effective and structured personal fitness programs. **Restriction(s):** 

Enrollment limited to students major in Criminal Justice, Communication, Business Administration, RN to BSN, Sociology or Information Technology - Web.

#### PHED 2205 Introduction to Physical Education and Recreation (2-0-2)

Exploration of the historical and philosophical foundations of physical education, recreation, and sport with emphasis on gaining an understanding of the profession and relevant issues.

#### PHED 3216 Teaching Dance (0-2-1)

This course is designed to build a foundation of skills for teaching dance in a variety of settings, primarily in the schools P-12. Teaching experiences using dance in a variety of classroom settings is a fundamental component of the course.

#### PHED 4417 Teaching Practicum in Health (0-2-1)

Designed to provide students with opportunities to observe and teach health to middle school students and high school students; emphasis on reflective teaching; 30 hours of field experience required. (S/U grading) **Prerequisite(s):** (HESC 2105 or HESC 3107 or HESC 4106 or HESC 4107 or HESC 5107 or HESC 5795 or PHED 5218 or PHED 5219)

#### PHED 5217U Teaching Health in P-12 Schools (2-2-3)

Methods of teaching health in P-12 schools; curriculum requirements in health education; resources available for health instruction. **Prerequisite(s):** (Admitted to Teacher Education with a score of Y)

## PHED 5485U Student Teaching in Health and Physical Education (0-40-10)

Prerequisites: PHED 3217, PHED 4215 or PHED 6216, PHED 5216 and Admission to Teacher Education. Corequisites: PHED 4000. Observation and instruction in health and physical education. Cooperative supervision by selected P-12 teachers and college faculty. (S/U grading) (Course Fee Required)

**Prerequisite(s):** (PHED 3217 and PHED 4215 and PHED 4000 (may be taken concurrently)) or (PHED 6216 and PHED 5216 and PHED 4000 (may be taken concurrently))

#### PHED 6000 Health and Physical Education Exit Exam (0-0-0)

Satisfactory grade indicates completion of the exit examination for the M.Ed. and MAT degree.

#### Restriction(s):

Enrollment limited to students in the MATER02 or MEDER02 programs. Enrollment is limited to Graduate Level level students.

Enrollment limited to students in the College of Educ Health Prof college.

## PHED 6115 Curriculum Development in Physical Education (3-0-3)

Study of innovative curricula aimed at developing a "physically educated person". Examines curricular models, issues and trends, scope and sequence, outcomes, and assessment.

## PHED 6116 Analysis of Teaching Behavior in Physical Education (3-0-3)

Techniques and instruments for identifying and evaluating teaching behaviors with emphasis on research findings and their application to physical education.

#### Restriction(s):

Enrollment is limited to Graduate Level level students.

#### PHED 6117 Social Development in Physical Education: Working with At-Risk Students (3-0-3)

Prepares teachers to work with students who are considered at-risk, especially those at risk for dropping out or becoming involved with drugs, gangs or violence. Emphasis on developing a social responsibility plan for physical education.

#### Restriction(s):

Enrollment is limited to Graduate Level level students.

#### PHED 6118 Legal Issues in Physical Education and Sports (3-0-3)

Designed to develop knowledge of liability and safety issues in physical education and athletics in P-12 programs.

## Restriction(s):

Enrollment is limited to Graduate Level level students.

#### PHED 6119 Assessment in Physical Education (3-0-3)

Focused study on the role of assessment and evaluation. Emphasis on practical application of student assessment based on realistic outcomes. **Restriction(s):** 

Enrollment is limited to Graduate Level level students.

#### PHED 6135 Teaching P-12 Fitness (3-0-3)

In-depth knowledge of the parameters that define and affect fitness and conditioning; application of research findings; methods for teaching. **Restriction(s):** 

Enrollment is limited to Graduate Level level students.

#### PHED 6215 Physical Education for Children (2-2-3)

Theories upon which traditional and contemporary programs for children in grades P-5 are based; current research and relationships between theory and practice. Team teaching experience. **Restriction(s):** 

## Enrollment is limited to Graduate Level level students.

## PHED 6216 Middle Level Physical Education (2-2-3)

Introduces current research in middle level education and provides a forum for discussing the components of a quality middle level physical education program. Practical application of research emphasized throughout the course.

#### Restriction(s):

Enrollment is limited to Graduate Level level students.

#### PHED 6217 Physical Education in the Secondary School (2-2-3)

Provides the student with theoretical and research-based knowledge in physical education and the opportunity to improve physical education teaching skills; field experience required.

#### Restriction(s):

Enrollment is limited to Graduate Level level students.

#### PHED 6219 Physical Education for Students with Disabilities (2-2-3)

Planning, implementing, and evaluating physical education programs for students with disabilities.

#### Restriction(s):

Enrollment is limited to Graduate Level level students.

#### PHED 6226 Funding and Grants (1-4-3)

Prerequisite: Departmental approval. Identification and acquisition of grants, foundation monies, and related resources. Restriction(s):

Enrollment is limited to Graduate Level level students. Enrollment limited to students in the Department Prerequisite college.

#### PHED 6245 Skill Analysis and Sport Performance (3-0-3)

This course is designed to provide students with the knowledge and skills for systematic observation of human movement and sport performance.

#### PHED 6485 Student Teaching in Health and Physical Education (0-40-3)

An intensified learning experience consisting of observation, participation, and instruction in health and physical education. Cooperative supervision by selected P-12 teachers and college faculty. (S/U grading)

**Prerequisite(s):** (KINS 3217 with a minimum grade of C and KINS 5216G with a minimum grade of C and KINS 4000 (may be taken concurrently) with a minimum grade of C)

### PHED 6515 Selected Topics in Physical Education ((1-3)-0-(1-3))

Formal class study of selected topics relevant to the teaching of physical education, e.g. Physical Education for Preschool Children; Current Professional Literature, and Issues in Motor Development. **Restriction(s):** 

Enrollment is limited to Graduate Level level students.

#### PHED 6705 Graduate Teaching Seminar (1-0-1)

This course is designed to prepare teaching assistants for their role in the Wellness Program and for potential careers involving university instruction.

#### Restriction(s):

Enrollment is limited to Graduate Level level students. Enrollment limited to students in the College of Educ Health Prof college.

#### PHED 6795 Contemporary Issues in Physical Education (2-0-2)

Addresses professional issues and trends that affect physical educators; analysis of contemporary policy, practice, research, and theory applied to the teaching of physical education.

## Restriction(s):

Enrollment is limited to Graduate Level level students.

#### PHED 6899 Independent Study (0-0-(1-3))

Prerequisite: Departmental approval. Intensive study in an area of special interest in physical education approved in advance by the advisor. **Restriction(s):** 

Enrollment is limited to Graduate Level level students.

Enrollment limited to students in the Department Prerequisite college.