## PHED - PHYSICAL EDUCATION

PHED 1205 Concepts of Fitness (1-2-2)
This course is designed to help students understand the role of fitness and related wellness components including cardio-respiratory endurance, muscular strength and endurance, flexibility, body composition, and nutrition; develop and implement safe and effective personal fitness programs; and, participate in structured physical activities relevant to effective personal fitness plans.
PHED 1206 Concepts of Fitness for Online Students (1-2-2)
This course is designed to help online students 1) understand the role of fitness and related wellness components including cardiorespiratory endurance, muscular strength and endurance, flexibility, body composition, and nutrition; 2) acquire or enhance the basic skills and concepts relevant to achieving life-long personal fitness; and, 3) develop and implement safe, effective and structured personal fitness programs.

## Restriction(s):

Enrollment limited to students major in Criminal Justice, Communication, Business Administration, RN to BSN, Sociology or Information Technology - Web.
PHED 2205 Introduction to Physical Education and Recreation (2-0-2) Exploration of the historical and philosophical foundations of physical education, recreation, and sport with emphasis on gaining an understanding of the profession and relevant issues.
PHED 3216 Teaching Dance (0-2-1)
This course is designed to build a foundation of skills for teaching dance in a variety of settings, primarily in the schools $\mathrm{P}-12$. Teaching experiences using dance in a variety of classroom settings is a fundamental component of the course.
PHED 4417 Teaching Practicum in Health (0-2-1)
Designed to provide students with opportunities to observe and teach health to middle school students and high school students; emphasis on reflective teaching; 30 hours of field experience required. (S/U grading) Prerequisite(s): (HESC 2105 or HESC 3107 or HESC 4106 or HESC 4107 or HESC 5107 or HESC 5795 or PHED 5218 or PHED 5219)

PHED 5217U Teaching Health in P-12 Schools (2-2-3)
Methods of teaching health in $\mathrm{P}-12$ schools; curriculum requirements in health education; resources available for health instruction.
Prerequisite(s): (Admitted to Teacher Education with a score of Y)
PHED 5485U Student Teaching in Health and Physical
Education (0-40-10)
Prerequisites: PHED 3217, PHED 4215 or PHED 6216, PHED 5216 and Admission to Teacher Education. Corequisites: PHED 4000. Observation and instruction in health and physical education. Cooperative supervision by selected P-12 teachers and college faculty. (S/U grading) (Course Fee Required)
Prerequisite(s): (PHED 3217 and PHED 4215 and PHED 4000 (may be taken concurrently)) or (PHED 6216 and PHED 5216 and PHED 4000 (may be taken concurrently))

PHED 6000 Health and Physical Education Exit Exam (0-0-0)
Satisfactory grade indicates completion of the exit examination for the M.Ed. and MAT degree.

Restriction(s):
Enrollment limited to students in the MATER02 or MEDER02 programs. Enrollment is limited to Graduate Level level students.
Enrollment limited to students in the College of Educ Health Prof college.

PHED 6115 Curriculum Development in Physical Education (3-0-3)
Study of innovative curricula aimed at developing a "physically educated person". Examines curricular models, issues and trends, scope and sequence, outcomes, and assessment.
PHED 6116 Analysis of Teaching Behavior in Physical Education (3-0-3)
Techniques and instruments for identifying and evaluating teaching behaviors with emphasis on research findings and their application to physical education.
Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6117 Social Development in Physical Education: Working with AtRisk Students (3-0-3)
Prepares teachers to work with students who are considered at-risk, especially those at risk for dropping out or becoming involved with drugs, gangs or violence. Emphasis on developing a social responsibility plan for physical education.

## Restriction(s):

Enrollment is limited to Graduate Level level students.
PHED 6118 Legal Issues in Physical Education and Sports (3-0-3)
Designed to develop knowledge of liability and safety issues in physical education and athletics in P-12 programs.
Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6119 Assessment in Physical Education (3-0-3)
Focused study on the role of assessment and evaluation. Emphasis on practical application of student assessment based on realistic outcomes. Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6135 Teaching P-12 Fitness (3-0-3)
In-depth knowledge of the parameters that define and affect fitness and conditioning; application of research findings; methods for teaching. Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6215 Physical Education for Children (2-2-3)
Theories upon which traditional and contemporary programs for children in grades P-5 are based; current research and relationships between theory and practice. Team teaching experience.
Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6216 Middle Level Physical Education (2-2-3)
Introduces current research in middle level education and provides a forum for discussing the components of a quality middle level physical education program. Practical application of research emphasized throughout the course.
Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6217 Physical Education in the Secondary School (2-2-3)
Provides the student with theoretical and research-based knowledge in physical education and the opportunity to improve physical education teaching skills; field experience required.
Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6219 Physical Education for Students with Disabilities (2-2-3)
Planning, implementing, and evaluating physical education programs for students with disabilities.
Restriction(s):
Enrollment is limited to Graduate Level level students.

## PHED 6226 Funding and Grants (1-4-3)

Prerequisite: Departmental approval. Identification and acquisition of grants, foundation monies, and related resources.

## Restriction(s):

Enrollment is limited to Graduate Level level students.
Enrollment limited to students in the Department Prerequisite college.
PHED 6245 Skill Analysis and Sport Performance (3-0-3)
This course is designed to provide students with the knowledge and skills for systematic observation of human movement and sport performance.

PHED 6485 Student Teaching in Health and Physical Education (0-40-3)
An intensified learning experience consisting of observation, participation, and instruction in health and physical education.
Cooperative supervision by selected P-12 teachers and college faculty.
(S/U grading)
Prerequisite(s): (KINS 3217 with a minimum grade of C and KINS 5216G with a minimum grade of $C$ and KINS 4000 (may be taken concurrently) with a minimum grade of C)
PHED 6515 Selected Topics in Physical Education ((1-3)-0-(1-3))
Formal class study of selected topics relevant to the teaching of physical education, e.g. Physical Education for Preschool Children; Current Professional Literature, and Issues in Motor Development.
Restriction(s):
Enrollment is limited to Graduate Level level students.
PHED 6705 Graduate Teaching Seminar (1-0-1)
This course is designed to prepare teaching assistants for their role in the Wellness Program and for potential careers involving university instruction.
Restriction(s):
Enrollment is limited to Graduate Level level students.
Enrollment limited to students in the College of Educ Health Prof college.
PHED 6795 Contemporary Issues in Physical Education (2-0-2)
Addresses professional issues and trends that affect physical educators; analysis of contemporary policy, practice, research, and theory applied to the teaching of physical education.

## Restriction(s):

Enrollment is limited to Graduate Level level students.
PHED 6899 Independent Study (0-0-(1-3))
Prerequisite: Departmental approval. Intensive study in an area of special interest in physical education approved in advance by the advisor.

## Restriction(s):

Enrollment is limited to Graduate Level level students.
Enrollment limited to students in the Department Prerequisite college.

