

# CSUS - COLLEGE SUCCESS

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**CSUS 1105 Learning to Learn: Adult Re-Entry (3-0-3)**

Prerequisite: Absence from an academic setting five or more years or permission of department chair. An introduction to or review of essential skills and strategies for survival in higher education. Topics covered to include: learning styles, note taking, test taking, test anxiety, goal setting, time management, and basic reading, writing, and mathematics. This course does not satisfy the Area B seminar requirement of the core curriculum.

**CSUS 2105 Sophomore Year Experience: Y2@CSU (1-0-1)****Restriction(s):**

Enrollment limited to Sophomore students.