

HEALTH AND PHYSICAL EDUCATION (MAT)

Program of Study

Code	Title	Credit Hours
Area 1 Professional Core		
EDUF 6116	Educational Research Methods	3
EDUT 6105	Technology Infusion	3
EDUC 6140	Foundations of Reading, Literacy, and Language	3
Area 1 Total		9
Area 2 Concentration: General Requirements		
KINS 5215G	The Development of Motor Skills: A Lifespan Perspective	3
PHED 6116	Analysis of Teaching Behavior in Physical Education	3
PHED 6219	Physical Education for Students with Disabilities	3
Electives Any 3 hours at the graduate level from HESC, PHED, or other approved course		3
Area 2 Concentration: Teaching Core		
KINS 5216G	Physical Education in the Secondary School	4
KINS 5218G	Teaching Health in P-8 Schools	2
	or KINS 5219G Teaching Health in High School	
KINS 5217G	Physical Education in the Elementary School	3
PHED 6485	Student Teaching in Health and Physical Education	3
	or EDCI 6698 Teaching Internship	
Area 2 Total		24
Area 3: Other Requirements		
KINS 4000	Fitness Testing for Health and Physical Education Certification Concentration	0
PHED 6000	Health and Physical Education Exit Exam	0
Area 3 Total		0
Total Credit Hours		33

Note: This plan of study will be determined by the program coordinator based on an evaluation of each student's transcripts and educational experiences.