

EXERCISE SCIENCE (MINOR)

Program of Study

| Code | Title | Credit Hours |
|------------------------------|--|--------------|
| KINS 3135 | Kinesiology | 3 |
| KINS 4131 | Exercise Physiology | 3 |
| KINS 4232 | Exercise Testing | 3 |
| KINS 4133 | Exercise Prescription | 3 |
| Select one of the following: | | 3 |
| KINS 3107 | Psychology of Exercise | |
| KINS 4146 | Measurement and Evaluation in Kinesiology | |
| KINS 4135 | Pathophysiology for Exercise Science Professions | |
| KINS 4137 | Nutritional Bases of Human Performance | |
| Total Credit Hours | | 15 |